



## Silicone Vaginal Dilators



Vaginal Dilator Sets, Model: Family A -Large, Family B -Medium, Family C-Small

### The instruction is for patient use



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### Single patient use only

LATEX  
FREE

### Caution:

Federal law restricts this device to be sold by or on the order of a physician.

### Indications:

Panpac Vaginal Dilators are indicated for women who need vaginal dilation for an examination, a surgical procedure, or for the relief of vaginismus.

### Contraindications:

Dilators are contraindicated in acute genital tract infections, pelvic infections, or non-compliant patients.

### Warnings:

Avoid the use of force when inserting the device into vagina.

Prolonged use of the Vaginal dilator treatment may cause vaginal abrasion or ulceration.

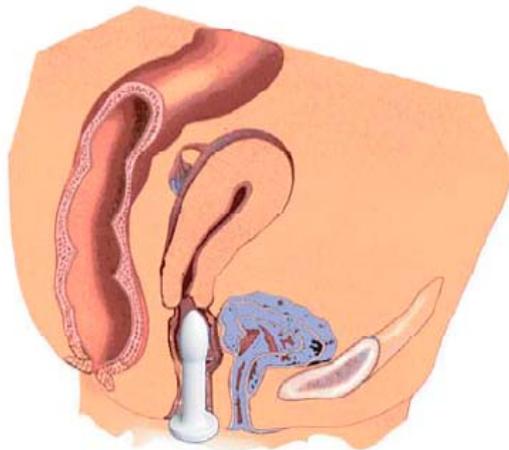
If symptoms, such as bleeding, vaginal discharge, unpleasant odor, pain or severe itching occur, report them to a physician immediately.

### Instructions:

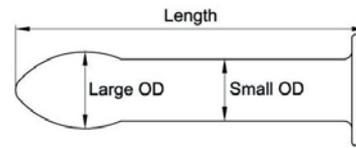
1. Appropriate size and length of time for use should be determined by your physician according to manufacturer's instruction for physician.
2. To remove a dilator, gently pull downward on the exposed flange until the dilator is completely removed.
3. After removal, wash the whole dilator with mild soap and rub by hand gently. Then rinse with warm water thoroughly.
4. Report any discomfort to your physician immediately.
5. Ensure that the instruction of dilator's insertion and removal is precisely followed.
6. Vaginal lubrication may make insertion of the dilator easier and lessen discomfort.

## Instructions for The Patient:

Your physician has recognized the need for you to use a set of silicone vaginal dilators. As instructed by your physician, begin your vaginal therapy with the smallest dilator. When it is inserted properly into the vagina, you may be conscious of a mild feeling of pressure. Gradually, over a period of time, your physician will advise you to select the next dilator size for insertion and so on until you are completely comfortable using the largest dilator in the set. At any time, should the dilators become uncomfortable, promptly notify your physician.



## Available Family Sizes:



Family A-Large	Length	Small OD	Large OD
DT-A/XL	150.0mm	30.0 mm	38.0 mm
DT-A/L	138.0 mm	25.5 mm	32.0 mm
DT-A/M	128.0 mm	22.5 mm	28.0 mm
DT-A/S	120.0 mm	19.5 mm	24.0 mm

Family B-Medium	Length	Small OD	Large OD
DT-B/XL	95.0 mm	26.0 mm	33.0 mm
DT-B/L	86.0 mm	22.5 mm	28.0 mm
DT-B/M	78.0 mm	19.5 mm	23.0 mm
DT-B/S	75.0 mm	12.5 mm	17.0 mm

Family C-Small	Length	Small OD	Large OD
DT-C/XL	75.0 mm	13.5 mm	18.0 mm
DT-C/L	65.0 mm	12.0 mm	16.0 mm
DT-C/M	60.0 mm	10.5 mm	14.0 mm
DT-C/S	50.0 mm	9.5 mm	13.0 mm

## Suggested Cleaning and Disinfecting Procedure for the Patient:

Before insertion or after removal of the dilator, the patient needs to conduct the cleaning and disinfecting procedures.

1. Submerge in warm soap water incorporating gentle rub for 10 minutes, followed by a comprehensive rinse with warm tap water for 5 minutes.
2. After cleaning with warm tap water, wrap around the dilator with plastic wrap and place it avoiding sunlight.